

Summer Camps

PROGRAM MINIMUM AGES
 For the enjoyment of all participants, children must be the correct age prior to the first class of the program.

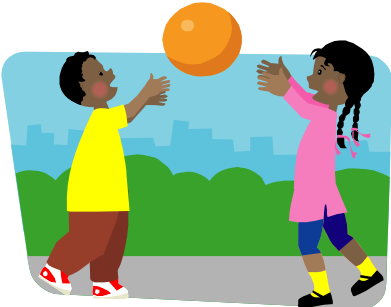
LATE REGISTRATION
 Summer Camps - There is late registration fee of **\$25.00** beginning the Monday of the week your child will be attending camp.

REFUND POLICY
 No refund or transfers will be granted after the start of a specialty camp.
 Camps will not be prorated for missed days.

1/2 DAY CAMPS FOR KIDS AGES 3-6
***Children MUST be potty trained**

Jumpin' Jellybeans

Join us for a fun filled week of nonstop action. Campers will have fun all week long doing gymnastics, creative movement and arts and crafts.



Ages 3 - 5 yrs

June 1 - June 4 (9 am - 1 pm) **Tues. - Fri.**
 Res./Nonres.: \$80./\$96./week
 June 7 - June 11 (9 am - 1 pm) **Mon. - Fri.**
 Res./Nonres.: \$110./\$132./week
 C. C. 305-758-8103

Under The Sea Little Jellyfish

Come along as we experience this indoor (no H2O involved) Camp. Your little jellyfish will play an important role as they create a fun exciting "Under The Sea" Adventure. They will paint and craft the ocean with lots of fun creative sea treasures. Your little jellyfish will explore the magical sea life, sensory sea stations, storytime, playtime, arts and crafts and much more. **Please send your child with an art apron or old shirt.**

Ages 3 - 5 yrs Mon. - Fri. Minimum 10
 June 1 - June 4 (1 pm - 5 pm)
 Res./Nonres: \$88./\$106./week
 June 7 - June 11 (1 pm - 5 pm)
 Res./Nonres: \$110./\$132./week
 C. C. 305-758-8103

NEW!

SPORTSnastics Camp

Introduction skills in Baseball, Soccer, & Basketball as well as gymnastics. Children will develop fine motor skills and develop balance while learning fundamentals.

Ages 3 - 6
 Begins June 14.
 Weekly thru Aug. 6
 (Except June 28-July 2)
 9 am - 1 pm
 Res./Nonres.: \$110./\$132/week
 C. C. 305-758-8103

NEW!

Recess & Results

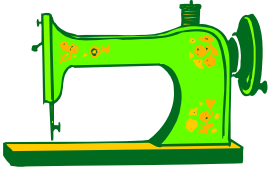
Recess and Results is built on the foundation of "fun." Avoiding typical exercise routines that are such to bore your children, certified instructors lead "recess" through activities and games teaching your children that exercise is not a chore, but more simply leading an active lifestyle through activities they enjoy. Through this week long summer camp your child(ren) will start to build a foundation of active lifestyle habits and proper nutrition, all while having fun with their friends!



Ages 3 - 5 yrs Mon. - Fri. Minimum 10
 June 28 - July 2 (9 am - 1 pm)
 Res./Nonres: \$110./\$132./week
 C. C. 305-758-8103

Summer Camps

CAMPS FOR AGES 6+



Sew Cute Camp

Sew Cute is an ideal sewing camp for beginners. Campers learn how to operate a sewing machine, sew and complete super cute projects! Make your very own pillow case and much more! Some supplies needed. Please bring your sewing machine. SEW FUN and SEW CUTE!

Ages 7 - 12 yrs

Instructor: Joanne Mundy

June 14- June 18 Mon. - Fri.

9:00 am - 2:00 pm

Res./Nonre.: \$140./\$164. week

Min. 10 Max. 15 kids

C.C. 305-758-8103

Jump Rope Camp

Learn to Jump Rope and Double Dutch with The National Award

Winning Hurricane Jumpers. Yvonne Moody, Head Coach. Athletes may excel from the fundamentals to complex skills. Participants will work on routines and combinations in single, group and long rope (double dutch) through comprehensive, cooperative/competitive training." Please pack a lunch and snack.

Ages 6+ 9 am - 4 pm

June 14 - June 18

Mon. - Fri.

Res./Nonres: \$140./\$168. week

C. C. 305-758-8103



Fashion!

Perfect for the little Diva's!! Create fashion using doll manequins, accessories and practicing the runway catwalk and photographer picture posing.

Instructor: Adrianna Sandoval

Ages 7 - 12 yrs Mon. - Fri.

June 21 - June 25

9 am - 1 pm

Res./Nonres.: \$125./\$146. week

C. C. 305-758-8103



GYMnastics Camp

Come experience a full week filled with flipping, tumbling, balancing, swinging, jumping and twisting through the air in our GYMnastics camp. We highly recommend this camp for our competitive gymnasts, and gymnasts who are looking to advance to the next level.

Ages 6-15 yrs

June 21 - June 25

Mon. - Fri. 9:00 am - 5:00 pm

Res./Nonres.: \$140./\$175. session

C. C. 305-758-8103

BOYS Break'n Loose

Break dancing consists of the latest free styling moves including acrobatics. In this camp we will teach different styles of Break Dancing, Hip Hop Dance and Acrobatics.

Ages 6 +

June 21 - June 25 Mon. - Fri.

July 12 - July 16

1:00 pm - 5:00 pm

Res./Nonres.: \$105./\$126./session

305-758-8103

Let's Clay with Yoga

Children will experience techniques such as, kneading clay, coiling, modeling, stamping, etc. creating 3-dimensional collages, masks and more.

Instructor: Adrianna Sandoval

Ages 7 - 12 yrs Mon. - Fri.

June 28 - July 2

9 am - 1 pm

Res./Nonres.:

\$125./\$146. week

C. C. 305-758-8103



Cheernastics

Do you have an energetic child that likes to jump, climb, dance and flip? Then come join us for a fun filled week! This camp we teach gymnastics and dance activities, learn basic cheers, build beginner acrobatic stunts. This is an opportunity for any child interested in perfecting their skills in a fun non-competitive environment.

Ages 6 - 15 yrs

July 6 - July 9/ 4 days

(\$104./\$125.)

July 12 - July 16

July 26 - July 30

August 16- August 20

Mon. - Fri. 9:00 am - 5:00 pm

Res./Nonres.: \$140./\$168. session

C. C. 305-758-8103

SUMMER CAMPS CONT ON NEXT PAGE...

Summer & Sports Camps

NEW!

SUMMER CAMPS

Maui Surfer Girl/Boy Arts and Crafts Camp

HANG 10! TOTAL TUBE! IN THE SOUP! TOTALLY AMPED!

Calling all surfer girls and boys! We are going to bring Maui to our camp. Campers will experience this IN-DOOR based Surf Camp as if we were in Maui!

Creating projects inspired from Hawaii, Sand, Surf and Beach. Create a canvas painting of a surfer in the tube!

Don't miss out on this Super fun filled week. One hour of yoga/exercise will be provided in this camp. Please provide two snacks and a cold lunch for your surfer girl or boy!

Ages 6 - 12 yrs

Instructor: Joanne Mundy

July 19- July 23 Mon. - Fri.

8:30 am - 5:30 pm

Res./Nonre.: \$140./\$162. week

min. 15 max 25

C.C. 305-758-8103



A La Art

Your artist will experience a unique arts and craft class. This class encourages creativity, builds self-esteem, and rewards children with amazing artwork that you will be proud to display. In this project based class, kids use a variety of media to explore art techniques and traditions, giving them a solid base for branching out in their artistic pursuits.

One hour of yoga/exercise will be included in this class. Please provide your child with two snacks and a cold lunch.

Ages 7 - 12 yrs

Instructor: Joanne Mundy

Aug. 2- Aug. 6 Mon. - Fri.

8:30 am - 5:30 pm

Res./Nonre.: \$140./\$162. week

C.C. 305-758-8103

Minimum 15 Maximum 25

Planet eARTh

This camp has Art History from ancient cultures (prehistoric) adapted for the children to learn through hands-on multicultural projects.

Instructor: Adrianna Sandoval

Ages 7 - 12 yrs Mon. - Fri.

August 9 - August 13

9 am - 1 pm

Res./Nonres.: \$125./\$146. week

C. C. 305-758-8103

Last Chance Camp

Campers will have fun all week long enjoying indoor and outdoor play, gymnastics, and arts and crafts. Bring your lunch.

Ages 5 - 12 yrs

August 23-27

August 30- Sept. 3

Mon. - Fri. 8:30 am - 5:00 pm

Res./Nonres.: \$140./\$168. session

C. C. 305-758-8103

SPORTS CAMPS

TGA Golf Camp

Develop the skills of the game for a lifetime. Ryan Miller and his staff will be introducing the basic skills of the game of golf while integrating fun active games for the players as they learn to swing the club. All equipment and supplies are included in the camp, just bring your game!! Detail about TGA at www.Miami.golftga.com.

Ages 5-12 9 am - 12 pm

Dates: TBA

Res./Nonres.: \$110./\$132. week

F. H. 305-758-6701

SPORTS CONT.

Flag Football Camp

Designed to teach young players the X's and O's while developing skills that can make a player stronger and faster in this challenging sport of football. Players will be divided into age groups for drills and then will play real games as the week progresses.

Ages 6-14 June 14-June 18

9 am - 12 p.m.

Res./Nonres.: \$110./\$132. week

F. H. 305-758-6701



Jumpin Jrs Volleyball Camp

Directed by South Florida Volleyball Club coaches, players will train in the basic skills of the game passing, setting, and attacking. Players will have the opportunity to play in competitive games that highlight these skills within their own age group. The camp will include both sand and indoor workouts.

Ages 7-14 June 14-June 18

9 am - 12 pm

Res./Nonres.: \$110./\$132. week

F. H. 305-758-6701 (Camp will be conducted at St. Rose Gym)

Sports Camps

SPORTS CAMPS

Boys & Girls Round Ball Basketball Camp

Dribble, Pass and Shoot like a pro after you spend a week at this all skills camp for both boys and girls. The gender groups will be divided and skill sessions will take place at the Miami Shores BB Courts at the Community Center and St. Rose of Lima Gymnasium.

Ages 6-14 9 am - 12 pm
June 21-June 25

Res./Nonres.: \$110./\$132. week
F. H. 305-758-6701 (Camp will be conducted at St. Rose)



British Soccer Camp

Challenger has developed one of the most innovative methods of coaching in the U.S. While we focus on teaching key techniques and technical components of soccer, we are also committed to developing the whole child. We coach soccer skills within a framework of character development based on respect, responsibility, integrity, leadership and partnership.

Ages 5-16 Mon. - Fri.

June 21-June 25

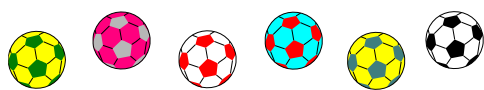
August 9 -13

AM Session 9 am - 12 pm

PM Session 5:30pm - 8:30 pm

\$123./per session

F. H. 305-758-6701



US BASEBALL SCHOOL Baseball & Softball

Don't miss this quality skills camp for both the baseball and softball player. Players will train in fielding, hitting, pitching, and catching. Make your next hit a homerun as you develop better skills with an outstanding coaching staff from US Baseball School. Softball players will have quality instruction from Kristy Picon a former collegiate pitcher and now a pitching coach for Ransom and Miami Country Day.

Boys and Girls Ages 5-14

June 28 - July 2

July 26 - July 30

9 am - 12 pm

Res./Nonres.: \$115./\$125. week

F. H. 305-758-6701

NEW!

Swimming Camp

DIRECTOR: Noemi Zaharia- Two time Olympian and Olympic Medalist, multiple world record holder, over 17 years of coaching experience

Camp will include stroke technique instruction, plyometrics/core strengthening exercises, water safety instruction, indoor activities/stroke technique video/ movies, turns and starts specific to each stroke, free play/games.

AGES: 7- 16- MINIMUM STROKE KNOWLEDGE REQUIRED

Mon. - Fri.

June 14-18, June 21-25,

June 28-July 2, July 12-16,

July 19-23, July 26-30

Res./Nonres.: \$230./\$288. week

Minimum 8 required.

A.C. 305-795-2241

Junior Tennis Camp

Instruction, drills, and games. For players of all levels. Beginners welcome. Pick-up and return to summer camp.

Ages 7 and Up

Mon. - Fri.

Begins June 14- Weekly

9:30 am - 12:30 pm

Fee: \$25./daily Siblings \$15.daily

T. C. 305-758-8122



NEW!

Get Ready for SWIMMING and WATER POLO SEASON

DIRECTOR: Noemi Zaharia- Two time Olympian and Olympic Medalist, multiple world record holder, over 17 years of coaching experience.

Be physically fit with improved stroke technique to impress your coaches and improve your chances to be recruited by top Universities. Camp will include aerobic training, Stroke technique- each day a different stroke, stroke technique video/ stroke analysis/ how to be recruited by top, colleges and universities, Plyometrics, core strengthening exercises, Turns, Starts, relay exchanges. GROUPS: All swimmers will be divided in groups according to age and ability level

Aug. 2-6, Aug. 9-13, Aug. 16-20

AGES: 11-18- from Middle school

age to High school seniors -

MINIMUM STROKE KNOWLEDGE REQUIRED

Mon. - Fri.

Res./Nonres.: \$280./\$325. week

Minimum 8 required.

A.C. 305-795-2241

Shores Spectacular

June 14- Aug. 20

Ages 5-9 Only!



Register at the Field House:
305-758-6701

Registration starts **Saturday, April 17th & ends June 4th.**

A \$15.00 late fee starts on June 5th for Week 1 registrations.

Camp is open to the first 120 Residents. Non-Residents will be placed on a wait list. Nonresidents **MAY** be accepted from the waitlist, no earlier than May 28th.

Camp Hours:

The hours of camp are from 8:00am to 6:00pm. A late fee of \$1.00 per minute after 6:00pm will be enforced, starting on the first day of camp.

Camp Fees:

Residents: \$140./week per child.

Non-Residents: \$175./week per child, if pulled from the wait list.

MSV Insurance is required. \$12.00 for Residents & \$15.00 for Non-Residents. (good for 1 year)

Payment is due no later than the **THURSDAY** before the week your camper is enrolled. (This ensures he/she is on all the attendance lists). However, it is best to register early to reserve your spot. There is a late registration fee of \$15.00 beginning the Friday before the week your child will be attending.

Camp Discounts:

*If registering for 5 weeks, all at one time, you will receive a \$30.00 discount.

*Combination pricing available with Specialty Sports Camps (50% off Spectacular Camp pricing.)

*Third child discount of \$10.00 off camp price.

NEEDED FOR REGISTRATION...

- 1.) Child's birth Certificate
- 2.) Proof of Residency (garbage bill or FPL bill)
- 3.) Parent's driver's license that matches both the bill names and the birth certificate names. **NO HOUSEGUESTS ARE PERMITTED.** Houseguests will go on the Nonresident waitlist. Only immediate family members may register.

Campers Eligibility

This camp is for Miami Shores Residents only.

All Shores Spectacular Campers must be age 5 by June 1 and once you turn 10 you will move to Jr. Active Camp.

Group Breakdown: Children will be broken into 3 age groups of 25-30 kids. Your child's group will remain the same all summer long. Groups will be assigned on Saturday, June 12th at Open House, or wait till the first day of camp.

Lunch

Lunch can be brought from home or you can purchase a weekly lunch and snack card from the "Snack Shack" for an additional fee. The lunch menu consists of a Hot Dog, Pizza or "special of the week" served with chips and a drink. Weekly specials include Mac & cheese, cup of noodles, chicken nuggets, chicken sandwiches or peanut butter & jelly un-crustables.

Campers are **NOT** allowed to "buy lunch with their own cash" for the entire summer. Weekly snack cards must be purchased ahead of time by a parent.

Weekly fee: \$25.00 Lunch and Snack Card/ per week

Or \$31.25 Big Kids Lunch & Snack Card/per week

The "Snack Shack" will open at 4:00pm for snack time. Snack Shack "Lunch" or "Snack" cards may be purchased and payments are made to a contractual provider, Lauren Cagianello and must be purchased the week prior to attending.

Field Trips:

Field Trips are included in the camp fee, and are age appropriate. Please pick up a camp brochure at the Field House for group schedules. Age Appropriate Field trips (for each group) examples such as Chuck E. Cheese & My Space Party Place, Rodeo & Monkey Joes for our younger group, Laser Tag, Monkey Joes, & Oleta Park Beach for our middle group and Skim Board lessons, Rapids, Laser Tag, Venetian Pool & Marlins Game for the older group.

Pool Trips:

Visits to the Miami Shores Aquatic Center are included in the camp fee and each age group will visit the Aquatic Center, at least 2 times a week. (Tuesday– Friday)

Swim Lessons:

Quality swim lessons will be designed for each group and they will attend this in the morning for two weeks back to back daily. (Tuesday—Friday)

Activities:

Shores Spectacular Campers will go through an hourly daily schedule. Shores Spectacular camp offers swim lessons at the Shores Aquatic Center, Special Events on Monday's, age appropriate Field Trips, lessons for different sports, inventive games, creative crafts and fun with their peers. Open House on Saturday, June 12th from 10am to 12pm.

Come visit our facility, find out what group your children will be in and meet the counselors.



Junior Active Camp

June 14-Aug. 20

Ages 10-12 Only!



Registration Field House: 305-758-6701
 Registration Starts Saturday, April 17th & ends June 4th.
 (A \$15.00 late fee starts on June 5th for Week 1 registrations.)

This camp is limited to only 30 campers.
 Non-Residents will be placed on a wait list. Non-Residents MAY be accepted from the waiting list no earlier than Friday, May 28th.

NEEDED FOR REGISTRATION...

1.) Child's birth Certificate 2.) Proof of Residency (garbage bill or FPL bill) 3.) Parent's driver's license that matches both the bill names and the birth certificate names. **NO HOUSEGUESTS ARE PERMITTED.**
 Houseguests will go on the Non-Resident waitlist. Only immediate family members may register.

Campers Eligibility

This camp is for Miami Shores Residents only.
 All Shores Spectacular Campers must be the age of 10 by the week of camp you are registering for and not turn 13 before August 20th.

Group Breakdown: All 10-12 year olds will be together.
 There will be a maximum 30 kids in this camp. Absolutely NO child that is younger than 10 years old may attend this camp.

Camp Fees:

Residents: \$143.00 per week per child.
 Non-Residents: \$178.00 per week per child, if pulled from the wait list.

*This price includes an additional field trip.
 MSV Insurance is required. \$12.00 for Residents & \$15.00 for Non-Residents. (good for 1 year)
 Payment is due no later than the THURSDAY before the week your camper is enrolled. (This ensures he/she is on all the attendance lists). However, it is best to register early to reserve your spot. There is a late registration fee of \$15.00 beginning the Friday before, the week your child will be attending and same week registration.

Camp Discounts:

- *If registering for 5 weeks, all at one time, you will receive a \$30.00 discount.
- *Combination pricing available with Specialty Sports Camps (50% off Junior Active Camp Pricing)
- *Third child discount of 10% off of camp price.

Lunch

Lunch can be brought from home or purchase a weekly lunch and snack card from the "Snack Shack" for an additional fee. The lunch menu consists of a Hot Dog, Pizza or "special of the week" served with chips and a drink. Weekly specials include Mac & cheese, cup of noodles, chicken nuggets, chicken sandwiches or peanut butter & jelly un-crustables.

Campers are NOT allowed to "buy lunch with their own cash" for the entire summer. Weekly snack cards must be purchased ahead of time by a parent.

Weekly fee: \$25.00 Lunch and Snack Card/ per week

Or \$31.25 Big Kids Lunch & Snack Card/per week

The "Snack Shack" will open at 4:00pm for snack time. Snack Shack "Lunch" or "Snack" cards may be purchased and payments are made to a contractual provider, Lauren Cagianello and must be purchased the week prior to attending.

Field Trips:

Junior Active Campers are privileged to attend two Field Trips per week, and is included in the camp fee. Please pick up a camp brochure at the Field House for group schedules. (Field trips examples: Paintball, Rapids, Laser Tag, Marlins Game, Fishing, Skim Boarding, Rock Wall Climbing, Beach & Nature Park Barbeques, Beach trips, Surfing, Oleta Bike Adventures and Fishing Lessons, Barry University, FBI, Coast Guard Station and other local parks.)

Pool Trips:

Visits to the Miami Shores Aquatic Center are included in the camp fee and each age group will visit the Aquatic Center 2 times a week.

Activities:

Campers in our Junior Active Camp will play & participate in different sports and challenging games. They will be kept on their toes and travel to field trips that our younger campers can not attend. Contests between the group's campers and contests with other local camps will be held inside & out. (Ex. Ping pong, pool tables, obstacle courses, pool relay races, guitar hero, D.D.R. games etc.).



Open House on Saturday, June 12th from 10am to 12pm.

Come visit our facility, find out what group your children will be in and meet the counselors.

Adventure Camp

MIAMI SHORES COMMUNITY CENTER 305-758-8103

ADVENTURE CAMP

for Teens

AGES 12- 15 YEARS

Session I:
June 14- June 24
Mon.—Thurs.

Session II:
July 6 - July 15
Wk 1: Tues.—Fri..
Wk 2: Mon.—Thurs.

Session III:
July 19 - July 29
Mon.—Thurs.

Approximately:
9:00 am - 3:30 pm

- *Paintball Laser Quest*
- *Underwater Hockey*
- *Lifeguard Training*
- *CPR & First Aid Training*
- *Sailing Lessons*
- *Ski Rixen*
- *Rock Climbing*
- *Laser Tag*
- *Snorkeling*

In the event of inclement weather a trip to the movies or bowling may be substituted for an outdoor field trip.



This camp features adventure sports and aquatics. Camp meets 4 days a week. Mondays, we meet at the Aquatic Center, where participants will learn snorkeling skills, Junior Lifeguard training, swim stroke techniques and play aquatic games. Tuesday, Wednesday and Thursday, participants go on field trips that include snorkeling, rock climbing, cable knee-boarding, paintball, etc

EQUIPMENT REQUIRED:

Mask, fins and snorkel, long or short sleeve UV protection shirt, sunscreen and shoes that can get wet.

REGISTER EARLY!

Camp fills up quickly! -- Registration begins April 19 and is open until filled. Limited to 24 Teens.

Residents: \$330./Session + Insurance

Nonresidents: \$400./session + Insurance

Late Fee: There will be a late registration fee of \$25, beginning the first day of the session.

Insurance Fee: Res./Nonres.: 12./\$15.yr.

All waivers must be completed at time of registration. Camp will not be prorated for missed days. Proof of residency is required and will be necessary at time of registration.

Register at the Miami Shores Community Center, located at 9617 Park Drive. Camp Supervisor: Angela Dorney, Recreation Superintendent

Registration is limited to 24 participants.

Payment in full is required at time of registration.

SUMMER PROGRAMS

The Field House and Community Center will be closed May 31 and July 5.

US PREMIER SPORTS SKILLS CHALLENGE

Come join us for a great day of sports to show off your individual and team skills. There will be 5 Individual Challenges & 1 Team Challenge. Individual Challenges vary depending on sport and may include running, throwing/kicking, hitting/shooting etc. Awards and prizes will be given to individual and team champs. For more information please call the Field House.

Boys and Girls Ages 5-14

Sunday, June 6

June 27

1 pm – 5 pm

Res./Nonres.: TBA

F. H. 305-758-6701

Shores Soccer Club

Keep up your skills this summer with the Shores Soccer Club training series. Players will train in a two 6 week series improving their skills in dribbling, shooting, and goal keeping drills.

Tuesday and Thursdays

Res= \$110.00 NR= \$132.00

Ages 4-6 4:15 p.m. – 5:15 p.m.

Ages 7 -14 5:30 p.m. – 6:30 p.m.

2/6 week sessions

May 25th – July 1st

and

July 6th – August 12th

F. H. 305-758-6701

Karate

The longest karate program in the state of Florida. Learn directly from the master who teaches all classes himself.

Learn: •The Art of Self Defense • Self Control • Discipline • Confidence • Self esteem • Respect • Balance • Physical Fitness • Fighting Skills •Kata's• Weapons skills

Instructor: Danny Lemus, 5th Degree Black Belt with 30 years experience. Eight time Florida State Champion.

Type of Karate:

Nisei Goju Ryu, Traditional Style Japanese/American Hard and Soft Style as taught by Grand Master Frank Ruiz, 10th degree Founder Emeritis

All classes on Mon. & Wed.

Ages 4-10 6PM-7PM

Ages 11+ 7PM - 8:30 PM (June)

Ages 11+ 6PM-7:30PM (July & Aug.)

R/NR Fee per month \$48./\$60.

There is a \$20.00 registration fee for all new students payable to the instructor.

Breakin' Loose Class

Learn how to shine and battle with friends through our new break dancing class. Class consists of the latest free styling moves including acrobatics. Join in on the fun and learn how to bring the party to life.

Minimum 4 students required.

Expressions of Talent

June 14-17

July 19-22

July 26-29

Aug. 2-5

Mon., Tues., Wed., Thurs.,

Age 8-15 5:15 pm - 7:15 pm

Fee/week: Res./Nonres.: \$50./\$62.50

GYMNASTIC CLASSES

All Gymnastic Classes directed by **Trina Quijano, Expressions of Talent**
Make up classes will be at the discretion of the director.

SUMMER GYMNASTICS SCHEDULE

		Dates/# of classes	Res./Nonres.
TINY TUMBLING (Ages 3-5 yrs.) No discounts available			
Tuesday	6:00 pm - 6:55 pm	June 1 - June 29/5	\$55./\$68.75
		July 6 - July 27/4	\$44./\$55.
		Aug. 3 - Aug. 24/4	\$44./\$55.
Saturday	10:00 am - 10:55 am	June 5 - June 26/4	\$44./\$55.
		July 10 - July 31/4	\$44./\$55.
LEVELS 2-6			
Mon. - Thurs. (ages 5+)	5:30pm-7:25pm	June 1 - June 28/16	\$208./\$260.
		July 6 - July 29/15	\$195./\$243.75
		Aug. 2 - Aug. 26/16	\$208./\$260.
OPEN LEVELS (No discounts available)			
Mon. & Wed.	5:30pm-6:55pm	June 2 - June 28/8	\$100./\$125.
		July 7 - July 28/7	\$87.50/\$110.
		Aug. 2 - Aug. 25/8	\$100./\$125.
Saturday	11:00 am - 12:25 pm	June 5 - June 26/4	\$50./\$62.50
		July 10 - July 31/4	\$50./\$62.50

SUMMER PROGRAMS

ADULT CLASSES

Jazzercise

Given by: Nancy Horton

Morning Classes

Mon. - Sat. 9:00am-10:00am

Evening Classes

Tues. & Thurs. 6 pm

Fees:

Walk In Fee: R/NR Fee:

Per Class Fee: \$10./\$12.50

Res: 6 weeks or 12 classes no expiration \$66.

Nonres: 8 weeks or 15 class no expiration \$82.50

Newcomers Special \$80. / 8 weeks

Easy Fitness Ticket (Automatic debit from your checking account)

Residents: \$38./per month

Nonresidents: \$47.50/per month

Yoga

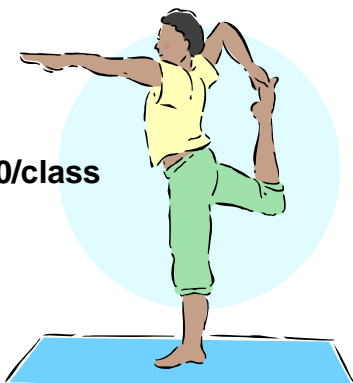
Create balance and connection between mind, body and breath. Yoga releases stress, combats depression, tones internally and externally, builds strength and flexibility, and improves focus and concentration. Reverses "dis-ease" in the body promoting an overall sense of well being. (For all levels). Recommended equipment: yoga mat, yoga block, and a yoga belt.

Monday Evening

6:15pm - 7:30 pm

Instructor: Janell Howard

R/NR \$10./class/\$12.50/class



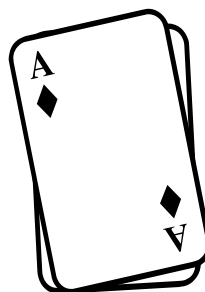
PILATES

Wed. 6 pm - 7 pm

Pilates is a series of exercises performed on a mat with emphasis on integrating all the muscles of the body with all movement originating from the core. Pilates helps to create long lean muscles, and improves flexibility, balance and muscle control. It also helps to relieve lower back pain by strengthening and stabilizing the core (abs and back) muscles. This class will provide a safe but challenging workout for the beginner to advanced student.

Date/Classes	R/NR Fee
May 5- May 26/4	\$40./\$50.

Duplicate Bridge Games



Monday: Alan Minton

12 Noon (954) 839-0205

Tuesday: Georgette King

12 Noon (305) 864-1540

Wednesday: Myra Bast

12 Noon (305) 935-2214

Friday: Myra Bast

12 Noon (305) 935-2214

Good Dog

Bad Dog Training

OBEDIENCE TRAINING

Learn to gain better control of your dog in this basic obedience class. Dogs five months and older are socialized with other dogs, taught good manners and on-leash obedience commands. Meets on the Basketball Courts

MONDAY 7:15 pm - 8:30 pm

June 21- August 2/6

R/NR\$75./\$95.

