

Community Center

305-758-8103



LET'S CLAY

Children will practice modeling, kneading, coiling, stamping with clay.

Wednesday

Ages 6-10	4:45 pm - 5:45 pm
Date/Classes	R/NR Fee
Jan. 4 - Feb. 15/7	\$112./\$136.50
Feb. 22 - April 11/7	\$112./\$136.50
(No class Mar. 14)	
Apr. 18 - May 30/7	\$112./\$136.50



I Art!

Children will learn techniques to develop drawing skills in pencil, charcoal, pen, ink and pastel. Acrylic, watercolor, mixed media and others will be explored. Children will read and create, write a story and illustrate, collage, 3D sculptures, mosaic technique, murals, etc. Classes taught by Adriana Sandoval with more than 15 years of experience.

<i>Friday</i> Ages 7-10	4:00 pm - 5:00 pm
Date/Classes	R/NR Fee
Jan. 6 - Feb. 17/7	\$112./\$136.50
Feb. 24 - April 13/7	\$112./\$136.50
(No class Mar. 16)	
Apr. 20 - June 1/7	\$112./\$136.50

ART PORTFOLIO DEVELOPMENT!

This class is designed to prepare students who are going to apply for Art Charter Schools and Magnet Middle and High Schools. Student will work on completing portfolio requirements such as: LINE, COLOR, SHAPE, TEXTURE, VALUE AND FORM.

<i>Friday</i> Ages 11-13	5:15 pm - 6:15 pm
Date/Classes	R/NR Fee
Jan. 6 - Feb. 17/7	\$112./\$136.50
Feb. 24 - April 13/7	\$112./\$136.50
(No class Mar. 16)	
Apr. 20 - June 1/7	\$112./\$136.50

ACTING in MUSICAL THEATRE

Combining the abilities of acting, dancing and singing, this class is for those who are looking for the professional application of the necessary skills to accomplish a successful career in Theatre.

KIDS

<i>Wednesday</i> Ages 6-12	(No class Mar. 14) 4:00 pm - 5:30 pm
Date/Classes	R/NR Fee
Jan. 4 - Jan. 25/4	\$80./\$100.
Feb. 1 - Feb. 22/4	\$80./\$100.
Feb. 29 - Mar. 28 /4	\$80./\$100.
April 4 - April 25/4	\$80./\$100.
May 2 - May 30/5	\$100./\$125.
<i>Thursday</i>	(No class Mar. 15)
Jan. 5 - Jan. 26/4	\$80./\$100.
Feb. 2 - Feb. 23/4	\$80./\$100.
Mar. 1 - Mar. 29/4	\$80./\$100.
April 5 - April 26/4	\$80./\$100.
May 3 - May 31/5	\$100./\$125.

Teens

<i>Wednesday</i> Ages 13+	(No class Mar. 14) 6:00 pm - 7:30 pm
Date/Classes	R/NR Fee
Jan. 4 - Jan. 25/4	\$80./\$100.
Feb. 1 - Feb. 22/4	\$80./\$100.
Feb. 29 - Mar. 28 /4	\$80./\$100.
April 4 - April 25/4	\$80./\$100.
May 2 - May 30/5	\$100./\$125.

PIANO CLASS

Ongoing piano lessons for ages 7-11.

Monday

Date/No. Classes

Jan. 9- Mar. 5/7	4pm-5pm	\$77./\$96.25
	5pm-6pm	\$77./\$96.25
(No class Jan. 16, Feb. 20)		
Mar. 19-May 21/10	4:00pm-5:00pm	\$110./\$137.50
	5:00pm-6:00pm	\$110./\$137.50



LEGO Engineering Fun!

Children will use the engineering design process while discovering the mechanics of simple machines and basic building concepts using LEGOs. The class will have a structured lesson plan followed by a free build time.

<i>Wednesday</i> Ages 7+	4:00pm-5:00 pm
Date/Classes	R/NR Fee
Jan. 4 - Feb. 8/6	\$60./\$75.
Feb. 15 - Mar. 28/6	\$60./\$75.
(No class Mar. 14, April 4 & April 11)	
April 18 - May 30/7	\$70./\$87.50

Join us in Celebrating...
31 years of Karate classes at the
Community Center

Karate

All classes taught by Shihan Danny Lemus 6th degree Blackbelt Karate Master and 8 time Fl. State Champion with 40 years experience & 31 years as an Instructor in the Miami Shores Community center.

Direct student of Grand Master Frank Ruiz 10th degree Founder of Nisei Goju Ryu. The longest Karate program in the state of Florida.

Style=Nisei Goju Ryu (Japanese/American hard & soft style of karate)

The Art of Self Defense-Self Control-Discipline-Confidence-Self Esteem-Respect-Balance-Physical fitness-Fighting skills-Kata skills & Weapons Skills

We have 4 inter school karate tournaments per year, plus a Mothers Day & Father's Day class

Come train with the Best.

Mon./Wed. Ages 4-10 6PM-7PM

Mon./Wed. Ages 11+ 7PM-8:30PM

R/NR Fee per month \$48./\$60.

There is a \$20.00 registration fee for all new students payable to the instructor.

Taekwon-Do

The national martial art of Korea, Ch'ang Hon(ITF) style Taekwon-do has its foundations in the Okinawan systems of Shorin and Shorei Ryu Karate. It combines hard and soft, fast and slow movements and footwork, and is known for its evolutionary kicking techniques.

AGES 7-12

TKD Beginner Kids

Tues. & Thurs. 5:15pm - 6:15pm

Sat. 9:30am-11:00 am

AGES 13+

TKD Advanced

Tues. & Thurs. 6:15 pm- 7:30 pm

Saturday 9:30am-11:00 am

R/NR: \$60./\$75. payable monthly

Break Dancing

Learn the hottest dance craze in this fun and funky class.

Expressions of Talent staff Minimum 4 students required.

Tuesday Age 6-11

5:00pm-5:55pm

Date/Classes R/NR Fee

Jan. 3 - Feb. 28/9 \$112.50/\$141.

Mar. 6 - April 17/7 \$87.50/\$109.

April 24 -June 5/7 \$87.50/\$109.

Saturday Age 8+

11:00am-11:55am

Jan. 7 - Feb. 25/8 \$100./\$125.

Mar. 10 - May 12/8 \$100./\$125.

(No class 3/3, 4/7 & 4/28)

Funky Jazz (Maria Risolia)

A Fun class for all levels. Dance to your favorite pop tunes while learning a combination of Jazz and Hip Hop. Class includes center floor warm-up, stretch, across the floor and choreography. Must have jazz shoes.

Wednesday Ages 6-8 4:15 - 5:10 pm

Date/Classes R/NR Fee

Jan. 4 - Feb. 8/6 \$78./\$97.50

Feb. 15 - Mar. 28/6 \$78./\$97.50

(no class Mar. 14)

April 4 - May 16/7 \$91./\$113.75

Hip Hop (Level I)

Ages 6 - 10 yrs.

Learn the latest dance moves in this energetic and introductory class designed for pre-teens.

Friday 4:00 - 4:55 pm

Date/Classes R/NR Fee

Jan. 13-Feb. 24/6 \$75./\$93.75

(No class Feb. 3)

March 2- May 4/6 \$75./\$93.75

(No class Mar. 16, 30, April 6, 20)

Hip Hop (Level II)

Ages 11+

Learn the latest dance moves in this energetic and introductory class designed for teens

Tuesday 4:00 - 5:00 p.m.

Date/Classes R/NR Fee

Jan. 3 - Feb. 28/9 \$112.50/\$141.

Mar. 6 - April 17/7 \$87.50/\$109.

April 24 -June 5/7 \$87.50/\$109.

Friday 5:00-6:25 p.m.

Date/Classes R/NR Fee

Jan. 13-Feb. 24/6 \$84./\$105.

(No class Feb. 3)

March 2- May 4/6 \$84./\$105.

(No class Mar. 16, 30, April 6, 20)

Tap and Jazz (Expressions of Talent)

An introduction to tap and jazz dance for the young beginner. Learn how to make different sounds with your feet. Perform using fundamental movements of American dance as you warm-up, stretch, and move around the floor. Various types of music are used. Tap shoes are required.

Thursday Ages 6+ 4:00 - 4:55 pm

Date/ # Classes R/NR Fee

Jan. 5 - Mar. 15/11 \$137.50/\$172.

Mar. 22 - June 7/12 \$150./\$187.50

Expressions of Talent Gymnastic Clinics

11:30 a.m.- 1:00 pm

Fee: Res./Nonres:\$25. per clinic

Cartwheel & Backwalkovers

Sat., Jan. 21st

This clinic is great for children who not only want to achieve the cartwheel/back-walk-over, but also for those that are working toward a backbend or kickover. Gymnasts will receive some one on one attention as well as independently working a circuit of related drills. The clinic is offered to children ages 5+ who already have their bridge skill.

Back Handspring /Aerials

Sat., Feb. 11th

This clinic will emphasize not only the back handspring but also the round-off. Your child will work through circuit of drills and progressive skills for the back-handspring and have a wonderful time flipping with confidence. Children will also work toward their aerials. Gymnasts will practice cartwheels and front walkovers and progress to one hand and eventually no handed tricks. Children must already have a backbend and a cartwheel to attend.

Front and Back Tuck Clinic

Sat., Mar. 24th

This clinic is for the adventurous. Your gymnast will be working on front and back tucks. We will start with lead-up drills and flip our way from the trampoline to the floor.

Double Dutch and Jump Rope Class with the National Award Winning Hurricane Jumpers

Join the fastest growing sport now. Classes are designed to challenge and have fun at all levels; from a fitness activity to the serious competitive world class athlete! Learn skills in Short Individual Rope, Partner Rope, Long Rope and Double Dutch. Competition team available by invitation only.

Mon & Tues. and Thurs. 3:30pm - 4:30pm

Date/Classes R/NR Fee

Jan. 3 - Mar. 1/24 \$144./\$180.

Mar. 5 - April 19/21 \$126./\$157.50

April 23 - June 7/20 \$120./\$150.

Competition Team add \$80. per session + AAU membership and competition fees (TBA).

OPEN GYM NIGHTS

Friday

Jan. 13th, In The Jungle

Feb. 3rd, Knights and Princesses

March 9th Jumpin' Bunnies

Drop your gymnast off and let them have a great time practicing their latest tricks, with supervision from Expressions of Talent Staff


Ages 5 and UP

6:30p-10:30p

Fee: \$25. Siblings \$17.

(Additional \$5./after Wednesday)

GYMNASTICS SCHEDULE

	Session Dates/# of classes	Res./Nonres. Fees
TINY TUMBLING (Ages 2.5 -5 yrs.) For Class Dates and Details visit page 4.		
LEVEL 1		
Monday (ages 5-7) 3:45 p.m.-5:10p.m. Monday (ages 7+) 5:15 pm - 6:40 pm	Jan. 9 - Mar. 26/9 (no classes 1/16,1/30,2/20)	\$123.75/\$155.
	April 2 - June 4/9 (no class 5/28)	\$123.75/\$155.
Wednesday (ages 5-7) 3:30 p.m.-4:55p.m. Wednesday (ages 7+) 5:30 pm - 6:55 pm	Jan. 4 - Mar. 14/11	\$151.25/\$189.
	Mar. 21 - June 6/12	\$165./\$206.25
LEVEL 2 (ages 6+)		
Tues. & Thurs. 3:45 pm-5:10 pm	Jan. 3 - Mar. 1/17 (No class 1/31)	\$221./\$276.25
	Mar. 6 - April 19/14	\$182./\$227.50
	April 24 - June 7/14	\$182./\$227.50
LEVELS 3 and up (Noncompetitive)		
Tues. & Thurs. 5:15pm - 7:15pm	Jan. 3 - Mar. 1/17 (No class 1/31)	\$238./\$297.50
	Mar. 6 - April 19/14	\$196./\$245.
	April 24 - June 7/14	\$196./\$245.
LEVEL 3 & 4 (Competitive) MUST ATTEND ALL 3 DAYS		
Mon. 5:30 - 7:30 pm Tues. 5:15 - 7:15 pm Thurs. 5:15 - 7:15 pm	Jan. 3 - Mar. 1/22 (no classes 1/16,1/30,1/31,2/20)	\$297./\$371.25
	Mar. 5 - Apr. 19/21	\$283.50/\$354.
	Apr. 23 - June 7/20	\$270./\$337.50
LEVELS 4 - Optionals (Competitive) MUST ATTEND ALL 3 DAYS		
Mon. 5:30 - 8:00 pm Tues. 5:15 - 8:00 pm Thurs. 5:15- 8:00 pm	Jan. 3 - Mar. 1/22 (no classes 1/16,1/30,1/31,2/20)	\$319./\$399.
	Mar. 5 - Apr. 19/21	\$304.50/\$381.
	Apr. 23 - June 7/20	\$290./\$362.50
TRAMP AND TUMBLING		
Monday 7:00 pm-7:55 pm	Jan. 9 - Mar. 26/9 (no classes 1/16,1/30,2/20)	\$123.75/\$155.
	April 2 - June 4/9 (no class 5/28)	\$123.75/\$155.
Wednesday 6:30 pm -7:25 pm	Jan. 4 - Mar. 14/11	\$151.25/\$189.
	Mar. 21 - June 6/12	\$165./\$206.25
FITNESS And FLEXIBILITY 		
Wednesday 7:30 pm -8:15 pm	Jan. 4 - Mar. 14/11	\$110./\$137.50
	Mar. 21 - June 6/12	\$120./\$150.
LEVEL I- OPTIONALS (OPEN WORKOUT)		
Saturday (ages 6+) 11am-12:25pm	Jan. 7-Feb. 25/8	\$110./\$137.50
	Mar. 10-May 12/8 (no class 3/3, 4/7 & 4/28)	\$110./\$137.50
DANCE CLASS for Optional & Competitive GYMNASTICS		
Saturday 10 am-10:55am	Jan. 7-Feb. 25/8	\$100./\$125.
	Mar. 10-May 12/8 (no class 3/3, 4/7 & 4/28)	\$100./\$125.